



**YOGA CENTER
OF MARIN**

518A Tamalpais Drive
Corte Madera, CA 94925
(415) 302-8457
yogacenterofmarin.com

THANKSGIVING DAY WORKSHOP

with *CLAIRE COLVIN*

Thursday, Nov. 23 • 9:00–10:30 AM



BEGIN YOUR THANKSGIVING DAY by treating yourself to an hour and a half of VIGOROUS YOGA! You'll have a perfect start to a day dedicated to feasting, family, celebration and gratefulness for all the good things we have in our lives.

CLAIRE COLVIN is a certified Iyengar yoga teacher who has studied Iyengar yoga for over 36 years, at the Iyengar Yoga Institute in San Francisco and four times in India with the Iyengar family. She has taught yoga in Marin County for 28 years. Her principal teacher is Manouso Manos.



THIS WORKSHOP

- All Levels
- \$22 pre-registered;
- \$25 drop-in

Use this form to register or register online. Pre-registration is encouraged for all workshops.

WORKSHOP/date & time: THANKSGIVING DAY WORKSHOPS with Claire Colvin / Nov. 23, 2017 • 9–10:30 AM

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

email: _____

HOW DID YOU HEAR about this series? Flyer Website

Ad Friend Drive/walk by Other _____

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FOR A COMPLETE SCHEDULE of our classes and workshops, check our website at www.yogacenterofmarin.com



08/17/2017