



**YOGA CENTER
OF MARIN**

518A Tamalpais Drive
Corte Madera, CA 94925
(415) 302-8457
yogacenterofmarin.com

SATURDAY WORKSHOP

with JAMIE LAMKA

Saturday, June 30, 2018

8:30–10 AM & 4–6 PM



Join Jamie's regular class on Saturday morning and continue Saturday afternoon for a full day of Iyengar Yoga fun. Jamie's classes are inspiring, instructional and fun!

All proceeds from workshop will go directly to Jamie, as a benefit to his healthfund.

THIS WORKSHOP:

- All levels welcome!
- \$50 pre-registered or drop-in

JAMIE LAMKA has been practicing yoga for 35 years and teaching for 23. He has developed yoga programs for contractors, aging athletes, and health care providers. Jamie's strength is his grasp of the fundamentals, compassion for pain, and understanding of human challenges. Jamie offers his students individual attention and life-supporting knowledge.

Use this form to register or register online. Pre-registration is encouraged for all workshops.

WORKSHOP/Date/Time: SATURDAY WORKSHOP with JAMIE LAMKA / June 30, 2018 • 8:30–10 AM & 4–6 PM

Name: _____
 Address: _____
 City, State, Zip: _____
 Phone: _____
 email: _____

HOW DID YOU HEAR about this series? Flyer Website
 Ad Friend Drive/walk by Other _____

PAYMENT BY: check MC/VISA AMOUNT: _____
 Card #: _____ Exp date: _____
 Name on card: _____
 Card billing address: _____

Please sign
 Signature: _____

CHECKS PAYABLE TO: Yoga Center of Marin • **MAIL TO:** Yoga Center of Marin, 518A Tamalpais Dr., Corte Madera, CA 94925
FOR A COMPLETE SCHEDULE of our classes and workshops, check our website at www.yogacenterofmarin.com



8/02/2018